



Guidance for Better Health Care Choices

Your HealthChampion® program empowers you to make better health care choices. Our trained health care advocates will partner with you to help you effectively navigate your health care plan. Call anytime, 24/7, to schedule an appointment to speak with a HealthChampion specialist.

Expert Medical Benefits Assistance

Talk to a degreed, experienced health insurance claim specialist for:

- › An easy to understand explanation of your benefits—what's covered and what's not
- › Cost estimation for covered and non-covered treatment options
- › Step-by-step guidance on claims and billing issues
- › Fee and payment plan negotiation
- › Referral to financial resources for the under- and uninsured
- › Explanation of the appeals process

Support for Your Medical Concerns

If you are scheduled for a medical procedure or seeking information regarding other personal health matters, a HealthChampion registered nurse can provide:

- › One-on-one review of your health concerns
- › Preparation for upcoming doctor's visits, lab work, tests and surgeries
- › Straightforward answers regarding diagnosis and treatment options
- › Coordination with appropriate health care plan provider(s)
- › Referral to community resources and applicable support groups

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Advancing science for life™

**Just call your toll-free number to access this free and confidential service.
Phone: 866.812.5303 TDD: 800.697.0353**